



Sagarmatha Gurkha/Nepalese Community Ashford Kent

Courtside, Stanhope Road, Ashford, Kent, TN23 5RN

Charity registered no: 1175315

Email: info@sgncak.com

Web: www.sgncak.com

10th SAGARMATHA CUP 2018 (9A-SIDE FOOTBALL TOURNAMENT) CODE OF CONDUCT

“Our sincere endeavour to encourage true spirit of sport”.

1. General: “Sagarmatha Cup” is an annual football tournament organised by the Sagarmatha Gurkha/Nepalese Community in Ashford, Kent. The tournament started taking place since 2009. This tournament takes place every year in August on the Sunday of last summer bank holiday on the calendar. The main aim of this tournament is to promote and encourage sportsmanship to all age groups, foster friendly relations and cohesiveness within residing various communities through football. Sagarmatha Cup is a one day tournament.
2. Rules of the tournament: The main rules of the tournament are as laid down by the FIFA. However other additional local community’s rule will also be applicable for certain circumstances unless otherwise stated.
3. Players: For the purpose of this specific tournament, a team is made up of twelve players including a goalkeeper and two substitutes. A substitute can be made as a roll on and roll off while the ball is not in play.
4. Team Category: The team categories of the tournament are as follows;
 - a. Adult: Age group 16 and over
 - b. Veteran: Age group 37 to 44 years
 - c. Super veteran: 45 and over
5. Game Discipline: The players participating in Sagarmatha Cup tournament are expected to maintain a high standard of game discipline throughout. Any misbehave by an individual player or a team shall result in a disciplinary action. For example - use of foul languages, play in aggressive manner and showing disrespect to a referee and/or other fellow players are not acceptable under any circumstances. If any team or an individual player is failing to abide by the rules of the tournament, they will be considered for disqualification from the entire tournament with an immediate effect. However team captain/managers will be notified by the organiser prior to making such announcement to disqualify them from the game.
 - a. Any player sent off (red card) from the game due to a misconduct during the match will miss the entire match. However that individual can re-join the team and play in the next match.
 - b. Any person under the influence of controlled substances and alcohol is restricted to participate in the tournament. And if anyone is being found in such a state will be disqualified from the entire tournament immediately.
 - c. All complaints and appeals are to be addressed only by the team captain or the manager. The lodged complaint will then be investigated and dealt by an organiser committee to make a fair but firm judgement in good faith of the entire team and the whole tournament.
 - d. The terminology of Organiser is as referred to all officials.



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6. Nature of the tournament: The first stage will be a league match and followed by a knock-out. Only winners and runner ups from each pool will qualify for the knock-out stage. But in the event of equal points, the following rules will be applied to determine the position of each team in the following order:
- Team with greater number of goals, if still not decided
 - Winning team on league phase
 - Team more goal to their goalpost will lose
7. Match time and decision: All matches will be played for ten minutes each half but the final match will be played for fifteen minutes each half. The teams will take five minutes rest/break during every match. No extra time will be played at knock-out stage but three penalty kicks will be taken. If it is still draw; then sudden death will be taken to decide the match.
8. Local rules will be applied for the following circumstances:
- Only league match will be played if there are less than three teams in any category to determine the winner and runner up but an additional ten minutes play time is added to each half.
 - If only five teams are registered in any specific category, they will be split into pool A and pool B consisting of three and two teams. The winner and runner up team will go to knockout phase from pool A. However only the winner team will qualify for the knock-out phase from pool B. Team in third place from pool A and loser team from pool B will play again to secure a position for the knockout phase. Penalty will be taken to decide, if needed.
9. The point system is as follow:
- Winner: 3
 - Draw: 1
 - Loose: 0
10. Running Cup:
- There will be running cup for all categories. The winning team can hold the running cup for one year on temporary loan; but a person who signs the temporary loan agreement shall be responsible for returning the cup to the community prior to next Sagarmatha Cup tournament in the following year.
 - If any team wins 3 consecutive years, Sagarmatha Gurkha/Nepalese Community will pay additional cash value of the cup in order to hold the running cup. Value of the running cup will decide by the committee prior to the tournament and values of running cups for year 2018 are as follow:
 - Main Cup: £500
 - Veteran Cup: £300
 - Super Veteran Cup: £200
11. Trophy: Individual trophies that get distributed in the Sagarmatha Cup tournament are as follows:



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- a. Individual Trophy: winner and runner up of all team categories
- b. Man of the Match: one for each team category
- c. Best Sportsmanship: one for all team categories

12. Cash Prizes: The sum of cash prizes given in the Sagarmatha Cup tournament will be decided every year prior to the tournament taking place by the Sagarmatha Gurkha/Nepalese Community's main committee. For this year (2018) the prize money are as below;

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| a. | Winner non veteran: | £1000 |
| b. | Runner non veteran: | £500 |
| c. | Winner Veteran: | £600 |
| d. | Runner up Veteran: | £400 |
| e. | Super veteran winner: | £500 |
| f. | Super veteran runner up: | £300 |

13. Selection of Man of the Match and Best Sportsmanship: The committee will form a team to judge and make a selection for 'Man of the match' and 'Best sportsmanship' from three final matches. The members of judging team must not be from within the organiser or Sagarmatha Gurkha/Nepalese Community committee to avoid biases and obtain a fair and neutral selection.

14. Kits and equipment: Although changing area is available at the premises, teams are responsible for setting up of their own admin areas only within the allocated areas by the organiser. The participating teams are also expected to make arrangements or allocation of their attires colour for the game. They should also bring in alternative coloured attire in case of duplication among the participating teams. However such circumstance should occurs, a referee will toss to decide which team will be the one to change the colour.

15. Identity and age of proof: All players are to carry a form of identification and proof of age as the organisers may ask players to provide their identity and proof of age on the day at the registration point or at any time as it require. Any individuals failing to provide their proof of age or identification will automatically disqualify for the entry from the tournament.

16. Protesting Procedure: Protest can be made by paying £100 deposit in advance, which is only refundable, if the outcome of the case is in their favour. An entire team will be disqualified to carry on in the match if any evidence of cheating is being found by the organiser team members such as breach of age limits or an unregistered player is playing the match. If the team refutes the findings, all protests are to be made prior to the end of each match on the day.

17. Health and Safety: Football boots and shin pads are mandatory to all players. Any ornaments and jewellerys are not permitted to be worn during the game but a wedding band can be worn (if it is firmly secured by a tape). Health and safety is paramount for safety of all individuals involved. Therefore all players are expected to strictly adhere, cooperate and obey the instructions given by the organisers.

18. Pool Draw: Draw of team will take place on the 19th Aug 2018 at 1900 hrs at the main office of Sagarmatha Gurkha/Nepalese Community. Team captains/managers are requested to attend for the draw from the pool if possible. However the committee member will draw on behalf of any absent teams as required. The organiser will decide for order of



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merit in the pool for any team that make late entry should vacancies be still available prior to the tournament taking place.

19. Questions: Please use contact details from below for any queries in relation to the above Code of conduct of Sagarmatha Cup tournament, 2018.

Mr Shreeprasad Limbu
Sport Director | SGNCAK

Mr Tulbir Limbu
Sport Secretary | SGNCAK